Day One

Elevate Your Eight - Time on Task at Work

Work Activities

Meetings

Other Stuff at Work

Day Two

Elevate Your Eight - Time on Task at Work

Work Activities

Meetings

Other Stuff at Work

Day Three

Elevate Your Eight - Time on Task at Work

Work Activities

Meetings

Other Stuff at Work

Day Four

Elevate Your Eight - Time on Task at Work

Work Activities

Meetings

Other Stuff at Work

Day Five

Elevate Your Eight - Time on Task at Work

Work Activities

Meetings

Other Stuff at Work

Day Six

Elevate Your Eight - Time on Task at Work

Work Activities

Meetings

Other Stuff at Work

Day Seven

Elevate Your Eight - Time on Task at Work

Work Activities

Meetings

Other Stuff at Work